



**Regina
Humane
Society**

Welcome to Your Field Trip!

FIAP Programming Teacher Guide

Hello and Welcome!

We are so excited that your class will be joining us at the Regina Humane Society for a hands-on, heart-centered learning experience.

Our field trips are designed to help students:

- stay safe around dogs,
- understand the role of humane societies in their community, and
- build empathy and responsibility through positive, animal-focused education.

Each session blends exploration, discovery, and fun — all while teaching valuable life skills that support both animals and the people who love them.

Field Trip Times

- We offer afternoon field trips on Mondays through Fridays.
- The average field trip lasts 45 minutes to an hour.
- Please plan to arrive 5 minutes early to get your class settled.

Donation Information

If your class is able, please consider making a donation.
Our typical donation are:

- \$50 per classroom or approximately \$2 per student
- an in-kind donation (see right)
- a donation of a gift card to be used by the RHS

Donations are collected when your class arrives for the visit. No deposit is required ahead of time. All donations directly support our humane education programs and the animals in our care.

Most Needed Items:

- Canned cat and dog food
- 6 foot leashes
- Cat litter
- New Kongs
- New dog and cat toys
- Cat or small dog beds
- Liquid laundry detergent
- Dentasticks
- Bleach

Adopt Shop Visit

During your visit, students will have the opportunity to shop by our Adopt Shop. The shop features a variety of kid-friendly toys and trinkets, with most items priced between \$2–\$10, and Humane Heroes Adoption Kits available for \$22.20 (tax included).

Optional purchases help support the Regina Humane Society and the animals in our care.



Booking Your Field Trip

To request a field trip, please visit:

<https://reginahumanesociety.ca/school-field-trips-and-tours>

After submitting your request, the Manager of Education & Outreach will follow up to confirm your booking and next steps.

No deposit is required, and payment is made upon arrival.

A Quick Look at Your Visit

During your visit, your class will experience:

1

A guided tour of the Shelter

Students will learn about the different areas of the RHS, how we care for animals, and the important work our staff and volunteers do every day.

2

Our grade-appropriate humane education lesson (please see below)

3

An Adopt Shop Visit

Students will have the opportunity to visit the Adopt Shop for browsing and optional purchases.

4

Wrap-up & reflection time

Before your class leaves, we'll revisit what they learned and reflect on how they can help animals in their own lives.

Arrival Information

Please enter through the main entrance doors which are at the front of the building. Your group will be greeted by the RHS staff and guided into the learning space.

Lesson Overview

This interactive Animal Safety lesson is designed for FIAP students and focuses on practical, real-world safety skills. Students learn how to safely interact with dogs, cats, service animals, wildlife, and unfamiliar animals through videos, visuals, movement, and guided scenarios. Key messages include asking before touching, giving animals space, using "Be a Tree," and getting help when needed. AAC-friendly vocabulary and multiple ways to participate are included throughout the lesson.



Thank you for choosing the Regina Humane Society as part of your students' learning journey!

Important Teacher Information

Please review before your visit

This section outlines all essential expectations, supervision requirements, and safety guidelines to ensure a smooth and safe field trip for your class.

1

Supervision Requirements

To maintain safety for both students and animals, teachers and accompanying adults must supervise students at all times while in the Regina Humane Society facility.

- **We require a minimum ratio of 1 adult per 10 children.**
- The RHS staff and volunteers do not count toward required supervision ratios.
- Teachers and adults are responsible for student behaviour, movement, and safety throughout the program.
- **Teachers must remain with their school group and students during the entire visit.**

2

Waivers + Parent Handouts

All student waivers must be completed and submitted at least two days before your scheduled field trip. If a student does not have a completed waiver, they may not be permitted to participate in certain activities.

Parent handouts with information on the visit can be found on our webpage:

<https://reginahumanesociety.ca/school-field-trips-and-tours>

Waivers will be provided by the Regina Humane Society after booking.

3

Food & Drink Policy

To ensure animal and facility safety:

- No food, drinks, gum, or candy are permitted beyond the locker/cubby area.
- Students may store these items in their cubbies during the visit.
- Water bottles must also remain in the cubby area until the group is finished the program.

4

Personal Belongings

Lockers and cubbies will be available for student use.

Please note:

- Lockers are not locked,
- Students should refrain from bringing valuables into the building.

5

Behaviour Expectations

To keep the environment safe and respectful for both students and animals, students:

- walk inside the building—no running.
- may not tap on kennel windows or doors.
- use calm, quiet voices in animal areas.
- keep hands to themselves unless instructed otherwise by the RHS staff.
- follow directions from their teacher and the RHS facilitator at all times.

6

Animal Interaction

For safety reasons:

- **Students will not directly handle animals during the field trip.**
- The RHS staff will demonstrate activities, safety techniques, and animal behaviour concepts for the class.

As we are open to the public at the time of your field trip, the students may see animals moving to and from their suites, but students are asked not to approach these animals.

This ensures a safe, controlled learning experience for both animals and students.

7

Cancellations or Changes

If your plans change, please call or email as early as possible.
This allows the RHS to offer your time slot to another classroom.

Before You Arrive: Teacher Checklist

Here's a quick list to help your class get the most out of their visit:

- You can either scan and submit the waivers ahead of your field trip, or bring them with you on the day of your visit. Without a completed waiver, students may not be able to participate fully.
- Remind students of behaviour expectations (We also review this during the visit)
 - Walk, don't run
 - Use indoor voices
 - Stay with the group
 - Respect the animals' space
- Review the "no food or drink beyond the cubbies" rule
- Talk with your class about what a humane society does. We'll cover this too — but a little pre-discussion makes the experience richer!

Saskatchewan Curriculum Alignment With “I Can” Statements

Key Curriculum Connections for Humane Education

Lesson Connected “I Can” Statements

- I can make safe choices around animals.
- I can ask before touching or petting an animal.
- I can give animals space when they need it.
- I can get help from a trusted adult when I need it.
- I can give space to unfamiliar or wild animals.
- I can tell someone if an animal hurts or scares me.

Possible AAC Pre-Programming Options

Core Safety Words

- Stop
- Wait
- Look
- Help
- Safe
- Not safe

Animal Words

- Animal
- Dog
- Cat
- Pet
- Wild animal
- Service dog

Interaction / Boundary Words

- Touch
- Don't touch
- Can I pet?
- No thank you
- Give space
- Leave it alone

Feelings / Needs

- Scared
- Worried
- Hurt
- I'm okay
- I need space

Emergency / Reporting Phrases

- There is an animal.
- The dog is loose.
- I got scratched.
- I got bitten.
- Please help me.
- Tell an adult.



Extension Activities

These activities help reinforce the learning once you return to class.

Book the RHS Animal Shelter Dramatic Play Kit

- Extend learning through role-play activities focused on animal care, shelter routines, safe interactions, and helping animals. You can book the kit at <https://reginahumanesociety.ca/school-field-trips-and-tours>

Animal Safety Photo Sort

- Have students sort real-life images into categories such as Safe Choice / Unsafe Choice or Touch / Give Space.

Practice “Be a Tree”

- Revisit the Be a Tree response through movement practice, modelling, or adapted participation.

AAC Safety Practice

- Review key words and phrases such as Stop, Help, No, Space, Can I pet?, and I’m scared using students’ existing communication systems.

Community Animal Safety Walk

- During a supervised school or community walk, look for places where students may encounter animals and discuss what a safe choice would be.

What Would You Do? Scenarios

- Present simple situations such as seeing a loose dog, a service dog, a sleeping cat, or wildlife and have students choose the safest response.

Make a Classroom Animal Safety Guide

- As a group, create a short visual guide using the lesson’s key messages, such as Ask First, Give Space, Be a Tree, Get Help.

Share the Learning at Home

- Send home a simple visual or checklist so students can practise identifying safe animal interactions with family or caregivers.